

Educating for a Life of Service


## Space Talk

The students and staff enjoyed the wealth of information, photos, video clips, and even some to-scale models that Mr. Arlin Veitz shared when he visited IHAS on Monday. Arlin has a passion for NASA and the space program, and he was kind enough to spend a good chunk of his afternoon telling about many high points of U.S. space history. He also gave each student a small model to assemble of a shuttle. Thank you, Mr. Veitz!

## Ready...Set...Mush! (on Monday)

Coming up beginning February 1: This reading program is inspired by "The Last Great Race" (a.k.a. the Iditarod) that takes place each March in Alaska.

The students will bring home an I-did-a-read Reading "Trail" Log on February 1. Students should keep track of their reading minutes in this Trail Log. Each minute read is equal to one mile in the race (or 2 miles for K-2). Each box is worth $\mathbf{1 0}$ minutes ( $\mathbf{5}$ minutes for $\mathrm{K}-2^{\text {nd }}$ graders). Your parent must initial each box to verify that you read for the designated time. Bring your Trail Log to your teacher each day and she will help you to move your sled dog along the trail! All reading for the I-did-a-read is reading aside from assigned school work. The "trail" is just under 1000 miles. If you read for about 45 minutes each day (20-25 minutes for $\mathrm{K}-2^{\text {nd }}$ grades), you'll reach Nome in time. Everyone who reaches Nome by February 28 will be invited to participate in the IHAS Red Lantern Celebration which will be a skating party at West


## Hot Lunch

## Wednesday, February 3

## Pasta \& Veggies

Mo \& Kaj: 1 loaf whole wheat bread Contreras: 2 lb . linguine noodles Fortunate: 1 lb . linguine noodles Kuzvinzwa: 2 jars marinara sauce Princess: 1 load whole wheat bread Kaylee:1 jar marinara sauce Ratliff: 2 lb . frozen broccoli florets Mtonga: 1 head fresh cauliflower Hale: 2 lb . frozen broccoli florets Mitchell: 2 lbs. fresh carrots Carter/Skyler: 1 jar marinara sauce Ms. Hay: 1 jar marinara sauce Mrs. Wright: 1 loaf whole wheat bread

## Wednesday, February 10

Soup \& Sandwiches
Mo \& Kaj: 1 loaf whole wheat bread
Contreras: 1 loaf whole wheat bread
Fortunate: 9 Roma tomatoes
Kuzvinzwa: jar sliced dill pickles
Princess:1 large head leaf lettuce
Kaylee: 4 ripe avocados
Ratliff: 1 package white Chao "cheese"
Mtonga: 1 package Tofurky deli slices
Hale: 1 package MSF "bacon" strips
Mitchell: 2 cucumbers, 1 large onion
Car/Sky: mayonnaise
Ms. Hay: soup
Mrs. Wright: soup


## Point to Ponder

"Temptation is the devil looking through the keyhole.
Sin is opening the door and letting him in. -Billy Sunday


## Chuckle Bits

Q: What happened when the wheel was invented?
A: It caused a revolution.

River Ice Center on March 2 (\$2/person). Students will be given just
one trail log, so keep track of it! Completed logs must be turned in on Monday, March1 in order to enable you to be a part of the skating party. Students who are not part of the student body at IHAS may still join the race. Let Mrs. Wright know if you'd like to participate.


Sofia Contreras 5th Grader

IHAS Friends
Favorite Bible character: Jesus because He does on the cross for our sins.
Favorite Bible verse: Psalm 46 gives me comfort
Favorite color: galaxy colors (you can ask what that is!)
Pet I'd like: cat or dog
Favorite food: huevos rancheros
Least-liked food: Brussels sprouts
Favorite sweet treat: fruit pizza and angel
food cake
Favorite scent: Sharpie markers
Worst scent: dog poop
Favorite hymn: Mary, Did You Know?
Favorite hot lunch: vegeburgers
My mother and father are my heroes because they guide me to learn the ways of life.
An accomplishment in my life I'm most pleased with is horseback riding.
I think an interesting person from history is Alexander Hamilton.
If I could choose a name for myself, I'd choose Sofia.
I think 7 is the best age to be because life is better when you are little.
In the future, I'd like to be a veterinarian.
$I$ am afraid of clowns but my friends make me happy.
Family makes me feel loved.
I like to give reassurance to people.
Planes and cars are my favorite ways to travel.
If I get to spend all day outside, I'd run and look for animals.
Severe weather bugs me.
A language I wish I could speak is French.
If I were a teacher, I'd teach my students how to have good manners.
When I grow up, I am most eager to learn how to be a vet.
If I were a parent, these would be my

top three rules: 1) Be respectful to the Bible; 2) Clean up after yourself; 3) Respect yourself and your siblings If I had a store, I'd sell vet supplies.
Miscellaneous information: I'm Honduran not Mexican.

