

Volume 6, Issue 19

January 13, 2022

Strength

Grades 3-8 have begun a new unit in Bible class studying the concept

of strength. The students tested their physical strength on Monday, and we discovered that they were quite strong! But as you may guess (and hope)!), physical strength is not the emphasis of this study. True strength lies in the spiritual realm, and just as with physical strength, the only way we can be strong in the spiritual sense is through exercise of that "muscle." Daily time int

he Word, in prayer, and in sharing our faith is the only way to be spiritually strong. Have you



noticed how much muscle is lost quickly in just a few days when you have been laid up in bed for a while due to sickness or injury? Imagine how atrophied our spiritual muscles get when we don't spend daily time

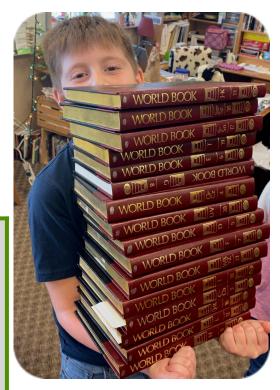
with God. Let regular exercise in the Word with prayer and sharing our faith be our goal for this new year!

Upcoming Events

Tues., Feb. 1 Ididaread begins Sab., Feb. 5 Little Lights sing for church Sab., Feb 12 Invitation Singers sing for church Sun., Feb. 13 Happy Heart Banquet Mon., Feb. 21 Presidents' Day-No School Feb. 25, 26 Academy Days Mon., Feb. 28 Ididaread ends Tues., Mar. 1 Ididaread Red Lantern Party

End of 3rd Quarter

Thurs., Mar. 10



International Children's Care Francisco Javier

Monthly Commitment Goal: \$30 Amount Received for January: \$48.32

Point to Ponder

"Truth becomes hard if it is not softened by love; love becomes soft if not strengthened by truth."

— John Stott

Chuckle Bit

Q: What was the snowman looking in a bag of carrots?

A: He was picking his nose.

What's Cookin'?

Vegeburgers & Fries Tuesday, February I

Sarah F: 1 jar dill pickle slices Mo/Kaj: 5 lbs. potatoes

Faith: I bag w/w hamburger buns Ratliff: I bag w/w hamburger buns

Mtonga: 4 sweet potatoes & I head iceberg lettuce

Hale: I bag w/w hamburger buns

Carter: 5 large slicing tomatoes & catsup Karges: I bag w/w hamburger buns, 5 avocados

Ms. Hay: head broccoli & carrot sticks & I onion

Mrs. Wright: burgers

Pasta, Veggies, & Bread

Tuesday, February 8

Sarah F: 1 jar marinara sauce Mo/Kaj: 2 jars marinara sauce Faith: 2 lbs. fresh carrots

Ratliff: 2 lbs. fresh broccoli florets Mtonga: I head fresh cauliflower Hale: 3 colorful bell peppers Carter: I jar marinara sauce

Karges: 2 jars marinara sauce, I loaf w/w bread

Ms. Hay: $\bar{2}$ lbs. w/w rigatoni pasta Mrs. Wright: I loaf bread & unalfredo sauce



IHAS Friends

Sarah Mtonga

Grade: K

Year at IHAS: 1st

My favorite Bible character is: God

because he made people

My favorite Bible passage is

Favorite color(s): purple

Pet of choice: girl bunny

Favorite food: broccoli pizza

Least favorite food: carrots Favorite candy: lollipop

Favorite scent: cooked lamb

Worst scent: burned stuff

Favorite hymn: "Mountaintop"

Favorite hot lunch: pizza

Place I'd most like to go: Minnesota

One of the nicest things anyone has done for me: play together

Best life accomplishment: helping my mom

IHAS mascot: puppy

Different name I'd choose for myself: Aubrey

Best age to be is 16

because you get to do whatever you want.

Future career: nurse

I'm afraid of: clowns

This makes me happy: my

family

Best thing ever invented:

robot

Name I'd choose for a boat:

"Olympics"

I'm allergic to: nothing

Something my mom or dad says all the time:

"Stop."

This bugs me: when my sister is mean

The best thing I know how to cook/bake: pizza

If I were a teacher, I'd teach my students: to: be nice

When I grow up, I can't wait to: drive a car

As a parent, my top three rules would be: I) no fighting; 2) don't steal; 3) no running

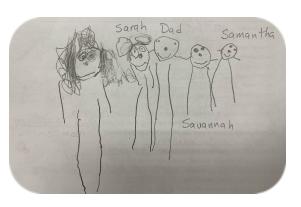
around

If I opened a store, I'd sell: Barbie cars

I'd like everyone to know: I am 5.



Addition & Subtraction Multiplication & Division Level Students Level Students 4 Sarah 17 Sarah 7 Milo 18 Milo, Alyna 8 20 Samantha 10 Alyna 21 11 2 Samantha 23 13 13 24 24 14 Savannah 25 25 25 27 Brianna				
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25	14	Savannah	25	
27 Brianna	15		25	
			27	Brianna



Artwork by Sarah Title: "My Family and I Love Each Other""

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