

Volume 6, Issue 30

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Power Struggles

All children tend to engage parents in power struggles at one time or another, but these struggles end up being "no-win" situations as parent and child each vie for power. During power struggles, parents usually feel... angry

drained

·helpless

- $\boldsymbol{\cdot}$ wondering if they're the only parents who can't control their child Kids usually feel...
- · like they've succeeded in gaining attention
- · that they have manipulated the parent
- · that if they put up a big enough battle, they will wear the parent down
- that they have won even if they don't succeed in getting their way Parents can avoid power struggles by...
- not allowing themselves to get into an argument (don't jump in the crazy pool!)
- · choosing battles carefully (avoid struggles over minor issues)
- · responding calmly, but firmly (say what you mean and mean what you say)
- · being consistent with enforcing rules and consequences

- giving themselves time to make decision ("I will think about this and let you know my decision.")
- · not being concerned with proving you are right
- being firm but empathetic ("I know you would like to go to the mall with your friends, but your science project has to be completed first.")

-from "Practical Parent Education Parenting Quick Tips"

"Children are to be taught that their capabilities were given them for the honor and glory of God. To this end they must learn the lesson of obedience....By gentle, persistent effort the habit should be established. Thus to a great degree may be prevented those later conflicts between will and authority that do so much to arouse in the minds of the youth alienation and bitterness toward parents and teachers, and too often resistance of all authority, human and divine." -Child Guidance, p. 85

00TO Week

Can anyone guess what "OOTO" is? Give me your best guesses! I'll tell you in next week's newsletter,





but in the meanwhile, let me tell you what we be doing each day of that week. Since that is the week we have school on Sunday, the schedule begins with that day.

Sunday: Camp Day—wear your camping clothes, be prepared for some outdoor activities, and bring your sleeping bag

Monday: Backward Day—dress as backward as you can

Tuesday: Twin Day Wednesday: Hair-Do-Da Day

Point to Ponder

"If the Holy Spirit guides us, He will do it according to the Scriptures and never contrary to them."

— George Müller

Chuckle Bit

Q: What do you call a bagel that can fly?

A: a plain bagel

Upcoming Events

April 12-22 MAPS testing

Sab., April 16 Fee Free Day at TRNP

April 24 Sunday School

Thurs., April 28 No School—Teacher

Inservice

Apr. 24-27 OOTO Week

Wed., May 4 Gr. 3-8 Field Trip

International Children's Care

Francisco Javier

Monthly Commitment Goal: \$30 Amount Received for April: \$21.01

What's Cookin'?

Vegeburgers Tuesday, April 12

Sarah F: I bottle ketchup
Mo/Kaj: I jar sliced dill pickles
Faith: I large sweet onion
Ratliff: 6 large tomatoes
Mtonga: 5 lb. frozen French fries
Hale: 2 heads iceberg lettuce
Carter: I bottle ketchup

Karges: 3 red/yellow bell peppers

Ms. Hay: 3 avocados Mrs. Wright: burgers & buns

Mazidra

Tuesday, April 19

Sarah F.: 1 lb. brown rice Mo/Kaj: 1 jar mild salsa Faith: 6 fresh carrots Ratliff: 2 orange bell peppers Mtonga: 6 Roma tomatoes

Hale: muncher cucumbers or 2 English cucumbers

Carter: I can sliced olives Karges: taco sauce

Ms. Hay: 2 bunches green onions Mrs. Wright: avocados & lentils

Mad Minute Progress

Addition & Subtraction		Multiplication & Division	
<u>Level</u>	<u>Students</u>	<u>Level</u>	<u>Students</u>
8		18	
9		19	Alyna
10	Milo	20	Milo Savannah
11	Alyna	21	
12		22	Sarah, Samantha
13	Samantha		
14	Sarah	23	
15	Savannah	24	
		25	
		25	
		27	
		29	Brianna



IHAS Friends

Hazy Karges

of years in the IHAS choir: 6th
My favorite Bible character is: Jesus because He is
my Creator, Redeemer and Friend
My favorite Bible passages are: Isaiah 60:1-3
(because it is a promise to me), Revelation 21:4, and
Joshua 1:7

Favorite color(s): blue, brown, green Pet of choice: horse

Favorite food: taco soup

Least favorite food: mushrooms Favorite candy: vanilla ice cream

Favorite scent: outside/country smells Worst scent: rotting and dead things Favorite hymn: "Be Thou My Vision" Favorite hot lunch: I don't have a favorite Place I'd most like to go: the Middle East

One of the nicest things anyone has done for me: God loves me!

Best life accomplishment: serving others Name I'd choose for myself: Cornelia

Best age to be is —-Future career: missionary

I'm afraid of: —-

This makes me happy: Jesus, horses, and happy people!

Best thing ever invented: the Bible Name I'd choose for a boat: "The

Boat"

I'm allergic to: mice and house cats
This bugs me: baby talk by people

other than babies

Something my parents say all the time is: "I love you, too!"

The best thing I know how to bake is:

Something I'm eager to do when I grow up is work for God and help people.

If I were a teacher, I'd teach my students to ride horses and love Jesus

My top three rules: 1) don't interrupt; 2) do your best; 3) be polite If I opened a store, I'd sell: books I'd like Mr. Wright to know: I am happy **Artwork by:** Hazy Karges

"Mr. Blackburn 946"



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